

# Dr. Pilar offers breakthrough treatment for TMD pain

**Story and Photos by: LT Reynolds**

Why live with pain if an evaluation with Dr. Mike Pilar will provide a solution for your suffering?

He limits his practice to treating patients suffering from migraine headaches, head-neck muscle and jaw joint disorders.

Dr. Pilar offers a highly effective, non invasive and state of the art treatment program designed for patients with symptoms related to migraine headaches and Temporo-Mandibular Disorder (TMD) such as neck and shoulder pain, either ear or eye sensitivity, a stuffed nose, dizziness, jaw pain and clicking, ringing in the ears, grinding or clenching of teeth.

Symptoms are often treated with medications and extensive testing such as MRI's. Dr. Pilar works very differently. Patients are so relieved when they get to his chair for treatment. Many of them have been suffering for years and are in awe of the relief provided to them.

He provides a dual treatment program consisting of Electro Therapeutic Point Stimulation (ETPS) and a custom made muscle orthotic appliance known as the NTL. A small, comfortable, customized orthotic mouth appliance, which prevents the jaw clenching, and contact of all upper and lower back teeth triggering contractions of the head and neck muscles.

"I have made over one thousand NTI orthotics with positive results in almost all TMJ, headache, tension-stress cases presented to me," Dr. Pilar explains.

"Practitioners often miss the TMJ involvement which causes the patient additional suffering. The orthotic is, in most cases, effective within a period of one to three months."

Renee has been a patient of Dr. Pilar's for the last two years. When she first met him she had been suffering for two weeks with a migraine headache. Having tried many treatment modalities and on an excessive amount of pain medication, she was at her wits end.



With an initial diagnosis of sleep apnea and excruciating pain Renee was thrilled with the results from wearing the NTI orthotic, as she has been free of pain. She has since sent at least 6 of her friends and family to Dr. Pilar.

Joseph, a 12-year-old patient provides the following testimony.

Suffering from daily migraines and debilitating pain, his mom sought the

expertise of Dr. Pilar. After receiving the orthotic appliance, that same night both she and Joseph slept through the night for the first time in four months.

Retired from the practice of Dentistry in 1997 Dr. Pilar devotes his time and energy to the advancements he was able to create in TMD treatment and protocol. He offers his talent through lectures on TMD awareness to physicians, dentists, nurse practitioners

and local community groups in Rockland County.

For more information please visit Dr. Pilar's website: [drmikepilar.com](http://drmikepilar.com). Reach him by calling 917-414-8355. His office is conveniently located at 93 Route 303 in Tappan, NY. 5 minutes south of the Palisades Parkway.

Don't suffer any longer; Dr. Pilar is just a phone call away!